Election Commission seeks court guidance on Charter Amendment

The Davidson County Election Commission put in motion the process to seek court guidance on the petition authored by 4GoodGovernment proposing an amendment to the Metro Charter that would require a voter referendum on property tax rates not to exceed more than two percent per year, and subsequently for Metro Government “to be more financially responsible.”

More than 20,000 citizens signed the petition posted by 4GoodGovernment that was presented to the Metro Clerk.

The Commission is asking the court to define the scope of the Commission’s authority and to decide whether the petition satisfies the legal requirements for a ballot measure.

“The Davidson County Election Commission must get this complex issue right for the taxpayers and for our city,” said Chairman Emily Reynolds. “That’s why we have asked the court for clarity on the Commission’s role and responsibilities before we commit taxpayer dollars for a referendum election.”

This action taken by the Election Commission ensures that all interested parties have a seat at the table to speak to the legal issues of the petition. The Commission has asked the court to expedite the process and anticipates a timely court decision.

“Nashville requires a stable financial condition to address the many challenges presented by 2020,” he continued. “We’ve faced two historic crises this year unlike anything we’ve seen in our lifetimes. Mandating a county-wide referendum every time our city requires a new school or other significant infrastructure project is completely contrary to how we govern here in Tennessee.”

Cooper went on to say that Nashvillians are resilient and responsible. “We rebuilt homes after the 2010 flood and the March 3rd tornado. We reopened businesses in the face of a global pandemic. And the Mayor’s office will continue to stand by the difficult but necessary decisions that will help us re-emerge from this period of historic challenge as the greatest city in the nation.”

See Nashville Taxpayer Protection Act on Page 3

Early Voting for the November 3, 2020 Election is underway

With the November 3 Election just three weeks away, early voting for State and Federal General, which includes electing our next President and Vice President, School Board District 4, Belle Meade, Forest Hills and Goodlettsville Municipal elections starts this week and continues through Thursday, October 29.

All Early Voting locations are open.

Prior to most elections, the Davidson County Election Commission offers multiple locations across the county where registered Davidson County voters may cast their ballots early. The Early Voting period begins 20 days before an election and typically ends 5 days before Election Day. Registered voters may choose a location convenient to work or home since there are no assigned locations. Early Voting sites are open during the day, some evenings and on Saturday.

Waits, if any, are usually shorter than on Election Day, and if you need to update your address, the process may be completed more quickly than on Election Day, according to election officials.

4-DAY FORECAST

Thu. 10/15 74ºF Rain 0% 44ºF
Fri. 10/16 58ºF Rain 0% 37ºF
Sat. 10/17 63ºF Rain 0% 46ºF
Sun. 10/18 69ºF Rain 0% 49ºF

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Metro Council member Russ Pulley, who represents District 25, has announced a community meeting at 6 p.m., October 21 regarding a proposed new assisted living facility on Cleghorn where the Tokyo Steakhouse currently sits.

Pulley said that Bridgewood Development is moving forward with the purchase of property and would like to present their proposal to the community before filing their application. Their presentation will be on Zoom at this link: https://us02web.zoom.us/j/8928007229?pwd=LzJlUGZ4UGVWenN0QUdjZ0MydGROUT09MeetingID: 892 8900 7229 Passcode: 800257

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This is the first meeting for the community. Participants should expect the meeting to last no longer than one hour and it will include their presentation along with an opportunity for the community to present questions and comments.

“This is the first of potentially many meetings on this issue,” Pulley announced. “It is very important that we all understand what they intend to do and it is also very important that they understand what is important to us. I'm hopeful to get someone from Planning to join us to enable the public to know what the current entitlements are on the property and what specifically the development will bring.”

For information, call Pulley at 615-308-4972.
Residents of Metro Davidson County were asked to sign the Nashville Taxpayer Protection Act 2020 by 4GoodGovernment supporting an amendment to the Metro Charter after a 34 percent property tax increase was approved by Metro Council.

More than 20,000 signatures were gathered and presented to the Metro Clerk.

The Taxpayer Protection Act reads:

Nashville Taxpayer Protection Act Nashville was flat broke before the Covid-19 crisis, and the State was threatening to take over our city. Decades of reckless over-borrowing and over-spending have nearly bankrupted us, and Metro’s “solution” is to impose a 34% property tax increase on homeowners. Nashville is $3.6 billion in debt, and $1 in $7 tax dollars received goes to paying bond interest. It is time for this nonsense to stop! Fixing Metro’s budgetary mismanagement and financial incompetence should not come on the backs of innocent taxpayers. It is time for Metro to rein in its spending, cut waste, and stop giving away our city, parks, and public lands for free.

This Charter Amendment will stop the fiscal insanity and force the Metro Government to be more financially responsible.

The Voters by petition want this Amendment submitted to the citizens:

**Property Tax Rates.** Property Tax Rates shall not increase more than 2% per year after January 1, 2020, without a voter referendum.

**No Give-away of Our Parks, Greenways, or Public Lands.** No part of a Park, Greenway, Public Land, or other real property shall be given away or conveyed without 31 votes of the Metro Council in favor. Transfers of interest in real properties shall only be at fair market value or greater based on an independent appraisal. A voter referendum shall be required for transfers of interest in real properties valued over $5,000,000.00, and for leases exceeding twenty (20) years, commencing after January 1, 2020.

**Issuance of Bonds.** All bonds issued or guaranteed after January 1, 2020, exceeding $15,000,000.00 for a specific project (excluding construction of educational classrooms, public libraries, public healthcare buildings, and police and fire stations, and Charter protected facilities) must be approved by voter referendum.

**Failed Promises:** If a professional sports team leaves Nashville or ceases playing professional games for more than 24 months, all facilities and related commercial development shall revert to the people, and all related contracts shall be terminated, including land leased from the Nashville Fairgrounds.

**Metro’s Records Shall Be Open to the Public.** Citizens are entitled to keep a close eye on Metro’s actions and entitled to inspect its books and records for free and consistent with the Tennessee Open Records Act’s protections (§10-7-501, et seq). Public instrumentalities under Title 7 receiving more than $250,000 yearly in Metro taxpayer funds or benefits agree to be bound by this Amendment and such entities refusing to provide public records shall be barred from receiving public funds and liable for treble the Citizen’s damages, including attorney fees.

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**EARLY VOTING SCHEDULE**

**State & Federal General (Presidential), School Board District 4, Belle Meade, Forest Hills & Goodlettsville Municipal Elections**

**Tuesday, November 3, 2020**

Wednesday, October 14  8:00 A.M. -  4:30 P.M.
Thursday, October 15  8:00 A.M. -  7:00 P.M.
Friday, October 16  8:00 A.M. -  5:30 P.M.
Saturday, October 17  8:00 A.M. -  4:30 P.M.
Monday, October 19  8:00 A.M. -  5:30 P.M.
Tuesday, October 20  8:00 A.M. -  7:00 P.M.
Wednesday, October 21  8:00 A.M. -  4:30 P.M.
Thursday, October 22  8:00 A.M. -  7:00 P.M.
Friday, October 23  8:00 A.M. -  5:30 P.M.
Saturday, October 24  8:00 A.M. -  4:30 P.M.
Monday, October 26  8:00 A.M. -  5:30 P.M.
Tuesday, October 27  8:00 A.M. -  7:00 P.M.
Wednesday, October 28  8:00 A.M. -  4:30 P.M.
Thursday, October 29  8:00 A.M. -  7:00 P.M.
Principles of our Constitution needed now more than ever

Becoming effective in 1789, the U.S. Constitution enunciated two major principles. First, it established the separation of powers, whereby the power of the federal government is divided co-equally among the branches – Congress having the legislative power to make laws, the President having the executive power to enforce laws, and the courts having the judicial power to decide or interpret laws; this division of powers is supposed to prevent any one branch from becoming dominant over the other two. Second, it established federalism which describes the rights and responsibilities of state governments as well as the states’ relationship to the federal government.

The constitution is at the heart of our way of life; it is the blueprint and the foundation upon which all governments – federal and state/local – must rest. From the lowest ranking elected official at the city or county level all the way up to the President – all have to swear or affirm that they will uphold the U.S. Constitution. All military personnel and all immigrants naturalized into citizens must also take an oath to uphold the constitution.

The constitution is above any politician – no matter how popular or powerful he or she is. It makes us a nation of law, not one of any particular person or group.

Typically, many countries have to fear a powerful individual seizing power when there is a crisis, but not the U.S. Even during the uncertainties of the Civil War, President Lincoln’s resignation, and the long dispute in 2000 over whether Al Gore or George W. Bush would become President, we have had the security of knowing that our conflicts would have an orderly ending.

The U.S. Constitution is the shortest written constitution in force. Every word counts, with no unnecessary verbiage present. It has been amended only 27 times in more than 230 years, while many nations, including free ones such as France, have completely rewritten theirs multiple times. This long-lasting stability of our constitution points to the genius of the founders to form a lasting government once and for all.

A hallmark of the constitution is its general language, making it unnecessary to amend often even though economic, social, and political conditions have changed significantly through the years. Instead of frequently changing the constitution which would equate to changing the foundation upon which a house rests, judicial review or how the constitution is interpreted is our mechanism for dealing with societal changes (i.e., what the constitution means in light of current conditions).

Judicial interpretation of the constitution has followed two contrasting philosophies: a conservative or strict interpretive approach known as restraint and a liberal or contemporary approach known as activism. Historically, we have tended toward a blended approach – recognizing restraint’s merit of stability/predictability and activism’s merit of facing current reality.

For several decades, judicial interpretation favored individual rights over collective security, but the events of 9-11-01 somewhat changed that. The constant threat of terrorism makes us generally more willing to restrict our liberties in order to preserve those liberties long-term. After all, our most basic right is the assurance that we are safe and secure against both foreign and domestic violence. Striking an acceptable balance between security and protecting individual rights is the goal.

Undoubtedly these are troublesome, uncertain, and scary times. It is a time to draw reassurance from the words of the late Supreme Court Justice Thurgood Marshall, the first Black American to serve on that high court, when he said: “This is a country which stands tallest in troubled times, a country that clings to fundamental principles, cherishes its constitutional heritage and rejects simplistic solutions that compromise the values that lie at the roots of our democratic system.”

Contact Horace Johns at (615) 292-3030.

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Nashville Veterans Day Parade cancelled

For only the second time, in the era since 1980, Nashville’s annual Veterans Day Parade has been cancelled. Chairman Anthony Westbrooks, of the Davidson County Veterans Coordinating Council, said that “Due to concern of large crowds and the pandemic, the 2020 parade must be canceled.”

The parade down Broadway, for many years, has been designated a Regional City Veterans Day Parade, by the Department of Defense in conjunction with the U.S. Department of Veterans Affairs. “We are already looking forward to November 11, 2021,” Wesbrooks said.
Most people don’t put up a fight. Meaning, they actually agree with me. There’s nothing more beautiful than a diamond. No other gem can compete with that dazzling rainbow dispersion of light. Did you know, diamonds don’t start out as diamonds? Did you know diamonds are the hardest substance known on earth and difficult to damage? But, listen to me, a diamond Can chip or break. It takes a lot; they have to be slammed in just the right direction. Surveying broken diamonds over the years, I’ve found the biggest culprit in breaking diamonds is the toploading washing machine. You go to lift out a wet, heavy load and wham! Your diamond hits that metal rim with just enough force in the right direction and it’s insurance claim time. The answer, of course, is no more doing the laundry with the ring ladies...

Jennifer Michaeli, Nashville native with Green Hills Diamond Brokers, Gemologist and Jewelry Enthusiast.

You’d walk on by, not giving a damn about the thing you just kicked to the curb... but not if you were a diamond cutter and knew what you were seeing. The skilled cutter can cut and polish that ugly condemned pyramid and transform it into the most brilliant, shiny symmetrical piece of beauty you’ll ever see. With a bit of science, technology, art and magic, we make it happen. Green Hills Diamond Brokers, I am proud to say, was founded by generations of diamond cutters who still cut diamonds for us today!

Another, interesting fact. Did you know diamonds are the hardest substance known on earth and difficult to damage? But, listen to me, a diamond Can chip or break. It takes a lot; they have to be slammed in just the right direction. Surveying broken diamonds over the years, I’ve found the biggest culprit in breaking diamonds is the toploading washing machine. You go to lift out a wet, heavy load and wham! Your diamond hits that metal rim with just enough force in the right direction and it’s insurance claim time. The answer, of course, is no more doing the laundry with the ring ladies...

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You’d walk on by, not giving a damn about the thing you just kicked to the curb... but not if you were a diamond cutter and knew what you were seeing. The skilled cutter can cut and polish that ugly condemned pyramid and transform it into the most brilliant, shiny symmetrical piece of beauty you’ll ever see. With a bit of science, technology, art and magic, we make it happen. Green Hills Diamond Brokers, I am proud to say, was founded by generations of diamond cutters who still cut diamonds for us today!

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Will Stacey, a Father Ryan High School senior, will represent Team USA in September of 2021 at the International Triathlon Union ("ITU"), Multisport World Championships being held in Almere, Netherlands. Stacey will compete in the full distance, off-road triathlon event in the 15-19-year old age group category.

Stacey, a Nashville native, secured his spot on the international team by winning his age group at the 2019 USA Triathlon Off-Road National Championship at Cameron Park, Waco, TX. Final details of the 2021 international competition are now confirmed with the qualified candidates and Stacey's participation for the global event is official. The triathlon race includes a 1 km distance open water swim, a 29.5 km mountain bike, and 7.5 km trail run, all in rugged and difficult terrain.

"It is an honor to represent Team USA on an international stage against the best in the world within my age group," explains Will Stacey. "I am proud to be associated with USA Triathlon and their theme of ‘Power Within’ which is a great way to express how I feel about competition — It is not about tools or terrain, but rather what comes from deep inside every athlete."

Stacey has a long resume of sports, academic and civic achievements. He is a 2-time XTERRA Southeast Regional Champion (2017 and 2018) and participated twice at XTERRA World Championships in Maui, Hawaii. He placed 18th in the TSSAA Cross Country TN State Championships in 2019, he was a State Champion at the TN NICA League Championships in 2018 and a Gold Medalist in the Freestyle Whitewater Kayaking Junior Olympics in 2016.

A co-chair of the Father Ryan Student Ministry team, Stacey is also a frequent public speaker at school, a peer mentor and small group leader. He was awarded the Rev. James A. Black ’64 Memorial Fund Scholarship (for academic achievement and leadership) as a freshman and the MSGR. Pat Connor ’53 Scholarship (for character, love, and an appreciation for his school) as a sophomore. He is a member of the National Honor Society, the World Language Society and has been on the academic Dean’s List since 2018. His volunteer service includes the Little Pantry that Could, the American Cancer Society (Relay for Life) and Mid-TN Council of the Blind among others.

"Heather and I are very proud of Will’s athletic accomplishments," comments his father Pat Stacey. "Beyond that, we know he is someone who cares deeply about others and has the ability to greatly impact his community and the world beyond a race or competition."

USA Triathlon (USAT) serves as the National Governing Body for triathlon, as well as duathlon, aquathlon, aquabike, winter triathlon, off-road triathlon and para-triathlon in the United States. For more information go to www.teamusa.org/usa-triathlon.
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“There are places I remember…”

The Beatles sang “There are places I remember all my life, though some have changed. Some forever, not for my life, though some have remain. All these places had their moments with lovers and friends, I still can recall…” And Elvis sang, “Memories pressed between the pages of my mind. Memories, sweetened through the ages just like wine…” But the older we become, the less these things are sustained. Why? Physically, our bodies begin to lose their dexterity and our bodies do not react without a measure of pain.

We just pass it off as normal and realize we are not alone. And while that is true, it really does not make us like what is happening to us.

There are many times when I will tell my wife about something and she will say, “Yes, honey, you told me about that before.” And there are things that just do not make sense, like why a defensive football player will block an opposing player from catching a football and the defender is called for a foul. That is his job. But, he gets penalized for doing his job. That is much like our policemen and women. May God bless each of you for doing your job. My father, who was a Captain on the Fire Department at his death, would be appalled. God is blessed and praised when we do our best to fulfill our responsibilities and I am more interested in His blessing than any human’s approval.

The Bible has much to say about the subject. Note the following:

2 Corinthians 4:16 ESV So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. 

Psalm 71:1-28 ESV In you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my fortress. Rescue me, O my God, from the hand of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my rock and my fortress.

Pray for the end of the pandemic and for God’s mercy on our country and the world. He answers the prayers of those who are devoted to Him.

~ A Concerned Christian
Mayor John Cooper has launched his Advisory Committee on Hospitality, a 10-person working group that will bring firsthand knowledge and experience with operating businesses and protecting public health during this unprecedented time.

The committee will consult with the Metro Public Health Department on protocols moving forward, as well as advise Mayor Cooper as he works to keep Nashville safe during a winter with COVID-19.

“As we look ahead at the next six months, the task for Nashville is to control the virus instead of letting it control us,” Cooper said. “That means safe public health protocols with a strict focus on masks and social distancing, so we can safely bring back more events and business capacity between now and the day we have a vaccine.”

“Assembling this group of industry leaders will help us plan and prepare for Nashville’s rebound while still prioritizing public health,” said Rob Mortensen, President of Tennessee Hospitality & Tourism Association.

The committee’s membership includes:
Barrett Hobbs, Chairman, Downtown Merchants Association Member, Donelson-Hermitage Chamber of Commerce; Benjamin Goldberg, Co-founder, Strategic Hospitality; Clint Gray, Co-founder, Slim & Husky’s; Deana Ivey, Executive Vice President and Chief Marketing Officer, Nashville Convention and Visitors Corp.; Eric Opron, Managing Director, Omni Nashville Hotel; Sam Reed, Reed Hospitality, &R Coffee and Sinema; Rick Schwartz, President and CEO, Nashville Zoo at Grassmere; Rob Mortensen, President and CEO, Tennessee Hospitality & Tourism Association; Andrew McClanahan, Assistant Attorney, Metro Nashville Department of Law; and, Hugh Atkins, Director of Environmental Health Services, Metro Public Health Department.

This group of industry professionals will also be positioned to work with their peers to ensure greater compliance with public health standards, including giving recommendations to the Metro Beer Board.

Two-vehicle collision on Old Hickory Boulevard claims Nashville man

The man killed in Saturday’s 2:15 p.m. two-vehicle crash on Old Hickory Boulevard at Logistics Way is identified as Robert Weaver, 36, of Nashville.

The preliminary investigation shows that Weaver was driving his 2009 Honda Fit southbound on Old Hickory Boulevard during a rainstorm when he began to hydroplane and crossed over into oncoming traffic where he collided with the driver of a northbound Chevrolet Silverado pickup truck, Frankie Rhone, 57.

Weaver, who was not wearing his seatbelt, died at the scene. Rhone was transported to Vanderbilt Medical Center with non-life threatening injuries. Rhone was wearing his seatbelt.

There was no evidence of alcohol or drug involvement at the scene. The preliminary cause of the crash appears to be excessive speed for road and weather conditions on the part of Weaver.

VOTE FOR THOUGHTFUL, RESPONSIBLE LEADERSHIP ON OR BEFORE NOVEMBER 3RD.

As our State Representative, Bob works across party lines to get results.

• In his first term, Bob helped pass over 60 pieces of bipartisan legislation into law.

• Appointed to key committees by Speaker Sexton.

• Helped hundreds of small businesses through the pandemic.

• Supports fairer education funding for Nashville.

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Crye-Leike Real Estate Services

Crye-Leike Real Estate Services announces that Pam Adams and Gabriella Stubblefield are now affiliated with its East Nashville branch office as licensed Realtors. Adams will serve the residential real estate needs of buyers and sellers throughout Davidson and surrounding counties. Adams, new to the real estate industry, has worked as a licensed practical nurse for over 10 years. She dedicated those years to serving others and providing the best care possible to her patients. Aside from working with patients, Adams was also instrumental in creating crisis management strategies, working with analytics, and teaching her co-workers about various tech tools.

Ready for a career change where she could still lend a helping hand, Adams has earned her real estate license. She now looks forward to working with Crye-Leike and becoming an asset to the East Nashville office.

“After being a nurse for over 10 years, I decided to make a career change and I want to continue helping people improve, change and enhance their daily lives,” said Adams. “I’m excited to help people fulfill their dreams of becoming homeowners”.

Stubblefield will serve the residential real estate needs of buyers and sellers throughout Davidson, Williamson and surrounding counties. Stubblefield has worked in the customer service industry for the last nine years, maintaining strong relationships and learning the importance of assessing and fulfilling client needs. Stubblefield has also been in the process of earning an interior design degree from Belmont University. Now that she has her real estate license, the combination of the two will allow Stubblefield to provide an array of services to her future real estate clients.

“Residential design and architecture are true passions of mine,” said Stubblefield. “I hope to offer my expertise in both real estate sales and interior design to find the space that best suits my clients’ needs.”

Crye-Leike’s East Nashville branch office is located at 964 Main Street. Crye-Leike Real Estate Services is a full service real estate company for over 40 years, and is ranked as the third largest independently-owned real estate firm in the nation and the largest serving Tennessee, Arkansas, Mississippi and the Mid-South.

Parks Realty

Parks in Brentwood is pleased to welcome Katrena Miller while Parks in the Gulch is pleased to welcome Nate Stein to the Parks Family of REALTORS.

Miller attended Tennessee Tech University and specializes in luxury homes, lake homes, real estate consulting, commercial real estate, and staging.

Prior to real estate, Miller helped start a few healthcare companies where she consulted on various topics. With her vision for healthcare, she was able to work in almost every healthcare-related field in some capacity. After her time in healthcare, she acquired her real estate license in 2005 and worked with two other firms before eventually beginning her new adventure here at Parks.

Miller chose to become a real estate agent because she has a passion for working with and for her clients. Her goal is to build life-long relationships with every client by keeping each transaction as seamless as possible, maintaining constant communication, and giving personalized attention throughout the entire process. Katrena knows the real estate process can be overwhelming, but it is her pleasure to provide her clients with her knowledge, skills, and experience while making memories along the way. As she says, “The best part of memories is making them!”

Stein attended the University of Illinois at Urbana-Champaign, majoring in Business Administration and Spanish Language.

Prior to real estate, Stein worked in sports media and as a high school teacher in Denver, Colorado. The relational aspect of both of those roles has taught him the importance of clear communication and relationship building. Those skills, coupled with his newly discovered knowledge of Nashville neighborhoods and the surrounding areas, leave Stein confident that he will be able to deliver quick and impactful results as a Parks real estate agent.

Stein chose to become a real estate agent after going through the home-buying, renovation, and rental processes himself. These experiences helped him gain a wider understanding of value predicting and creating. Those aspects, paired with Nate’s pre-existing relationships in the industry, sparked a passion inside him for real estate.

Stein is excited for his new chapter with Parks Realty. He is always available to chat about real estate, sports, or any other topic.

Vanderbilt University Medical Center

Victor Legner, MD, has been named the founding executive medical director of the newly formed Primary Care Patient Care Center (PCC) at Vanderbilt University Medical Center, effective September 1.

Legner, an associate professor of Medicine in the Division of Geriatric Medicine, previously served as the executive medical director of the Medicine PCC at VUMC. The Medicine PCC previously provided oversight of the Medical Center’s primary care clinical services.

Lee Ann Liska, a 30-year veteran of the health care industry, has been named chief operating officer of Vanderbilt University Adult Hospital (VUAH). She will join Vanderbilt University Medical Center on Oct. 19. In this role, Liska will be responsible for operational, people, financial, quality, safety, and patient experience goals for the hospital in alignment with enterprise-wide goals.

She will work in partnership with clinical department chairs, operational leaders across the enterprise and the VUAH senior leadership team to achieve patient-centered, results-oriented operations throughout the hospital.

Alexander Bick, MD, PhD, a new faculty member in the Division of Genetic Medicine at Vanderbilt University Medical Center, has received a 2020 National Institutes of Health (NIH) Director’s Early Independence Award.

The award (# OD029586) will provide $250,000 in direct research costs annually for up to five years. It is part of the NIH Common Fund’s High-Risk, High-Reward Research Program, which supports “highly innovative and unusually impactful biomedical or behavioral research proposed by extraordinarily creative scientists.”

Bick is the first Vanderbilt University faculty member to receive an Early Independence Award and one of 13 recipients of the award this year.

See an unusual photo perfect for What’s Wrong with This Picture?

Send in your photo to: news@gcanews.com and see the picture taken in the newspaper!
Does practice make perfect or permanent?

Each time I leave our home, I drive by a golf driving range and nine hole golf course. There is never a time when the range is deserted. The range opens very early each morning and closes late in the evening. Bright lights shine well into the night. People flock to the venue and recently there are food trucks parked in the parking lot, so people can eat and play without having to leave. The parking lot is so full that people have been parking on the side of the street, even though it is frowned upon. So does it follow that their dedication is making them much more efficient? Well, maybe. Actually if the constituents replicate the same erroneous actions each time they tee off, then practice makes permanent. Perfection is not attained unless the repetition is perfect. And the same is true of any chosen repetitive sport or other Endeavour. For example, accounting and tax entries are not improved by repetition unless each entry is made with strict adherence to the law and the theory of accounting. No doubt you have heard the basic synopsis: Assets equal Liabilities plus Equity and Income less Costs and Expenses equal Net Income. Income is a component of Equity. Repetitive Income increases Equity. It sounds so simple but as a college teacher for several years, I can testify that many people just can not grasp it.

Tax law is more complex since the values of some of the components vary based on the law as well as accounting theory. Advanced accounting and economic theory is applied to cash forecasts and budgets. Compare that to knowing algebra but knowing nothing of calculus. Each segment of the foregoing is a building block. Each segment must be adequately understood to understand tax law. Now, consider the income tax forms. Individual Forms 1040 are Income Statements (without a balance sheet). Corporate (1120) and Partnership (1065) tax forms, with some variations for reporting certain additional kinds of income, are summaries of the afore mentioned accounting reports. Both, the Corporate and Partnership tax forms are summaries of the Income Statement and the Balance Sheet. The synopsis creates a balanced report.

If you are interested in the theory of accounting and law, you may wish to go to www.irs.gov to obtain free information. I suggest that you order Publication 17, and Publication 542 and a myriad of free periodicals to enlighten your understanding of accounting and tax theory. It just may increase your respect for accountants and tax preparers. Or, you can just educate yourself to understand what your tax return really means and understand the complexity of our work on your behalf. You are welcome.

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We may be country but we can still have class!

I hope someone in Country Music management reads your paper because on Wednesday, September 16, I watched the ACM Awards on Channel 5 and it was done in such a respectful way, there was no cursing or dirty dancing. It was a pleasure to watch such an entertaining show.

There were hardly any politics and that was a relief. We get enough of that!

We may be country but we can still have class! I wish we could keep politics out of our sports. I just quit watching them. I was prepared to turn the ACM awards on however there were some things I could’ve done without. Taylor Swift is one of them. But the real one is Blake Shelton and Gwen Stefani. Gwen may give him inspiration but he had it made before he met her. He had it made with Miranda Lambert and she is what made him what he is today. I love Miranda but it seems he likes to throw Gwen in her face. If he is that happy why does he not marry her? They surely know they are living in sin. Wouldn’t it be better for them to be married?

Trisha Yearwood made the night and that song was beautiful and her voice is still beautiful as ever.

Best ACM award program ever. I wish Miranda had won the female vocalist but it was fair. All the awards were fair and very deserving. I was very proud of all of them. I did miss seeing the pretty dresses.

However I was going to watch the Emmys Sunday night but it was disgraceful. I wish we could have entertainment without politics. Thank you.

Nashville DA’s personal views should not affect his job

What in the world is going on in the office of Nashville’s DA? Our criminal justice system has enough problems these days without our own “Perry Mason” going out and searching for yet another controversial issue to get us involved in. Glen Funk, Nashville’s District Attorney, was sworn in to “impartially prosecute anyone who violates Tennessee criminal laws”, not a few chosen laws, not the laws he likes, not the laws that he thinks are worthwhile, but every law. But now, our DA has decided to use the ante. In this typical progressive playbook, he has taken it upon himself to decide which laws are best for us and which are not. How considerate of him. Just what Nashville needs, another “government big brother” to teach us how to lead our lives, even when the Governor, the State Legislature or the U.S. Constitution tell him they are best for us.

Here are the details: DA Funk announced that from now on, he will not enforce a portion of Tennessee’s new abortion law.

Now, hold on a minute! Before all you Prochoicers get your signs out and march on the Governor’s Mansion, let me tell you that this new law has nothing to do with Roe v Wade, or a woman’s right to choose, or restricts in any way, a woman’s decision to have an abortion.

This law requires abortion doctors, (and clinics that perform abortions), to share all abortion information with the prospective birth mother. What in the world is wrong with that? I can’t believe that anyone could disagree with it! Would you want your heart surgeon to withhold any pertinent information about your upcoming bypass procedure?

Here’s the specific issue that really irked our DA: It seems that in a two-step, medication-induced abortion, there is a 72 hour period of time, after the first medication is taken, before the second one is given, where the abortion can be safely reversed. If Progesterone, the reversal medication, is given during that time, the abortion can be naturally stopped without any harm to the unborn child and the pregnancy can safely continue. In other words, the mother would have two days to change her mind. But she could only do this if she had the necessary information.

Would someone please tell DA Funk that its malpractice not to provide any patient, (and a birth mother is a patient!) with all the information she needs before any medical procedure. And an abortion is definitely a life changing, serious medical procedure. A few days won’t make any difference when a mother faces the most difficult decision of her life. But I guess our illustrious DA has never had surgery himself.

The debates

My six year old granddaugh- ter has mastered the concept of “taking turns”. After watching the two debates so far, it appears to me that neither the President nor the Vice President of the United States have been able to do so.

Follow the science

All our spokesmen leaders (Trump, Lee, Cooper, Jahangir) for different levels of government say we either need to or are following the science. This is saying one thing and then doing just the opposite. We have had two super spreader events recently where our leaders have not followed the science. Take the introduction of the new Supreme Court nominee before a crowd in the Rose Garden of the White House where there was no social distancing and almost no mask wearing. There have been over 20 (probably more) infections that have been
documented from that event. Take our own Tennessee Titans fans who had to leave the Superdome without fans to go back. To me, if NYC can do that to their big fans, why can’t we continue to shut down all non-essential businesses and gatherings where masks are not worn. The science says that we should discourage these kinds of gatherings. The downtown area is the most infected. Does our leaders, state and local, have taken such a hands-off approach to our super spreader events that go on in our downtown area each night and at all the bars throughout Davidson County. If our leaders believed in the science, there is no way they would see that the downtown area each night and at all bars throughout Davidson County that is listed as hot. If our leaders believed in the science, they would just look at the hot map that the bars in Davidson County are shown as red. The democrat scam is to flood every state by mailing out ballots to let people other than the voter mark their ballot without double check to see if this person is the voter. There is no known cheating in the state of Tennessee. I called the Tennessee Secretary of State, Treasurers office in front and notary stamped before they leave county with exception of military personal. If voting is so important don’t leave. When all voter registries are clean up and changes are made for voter ID cards then it’s time to say the old saying “if you don’t like who is in office then vote them out”.

The old saying of as of now is impossible by cheating. I told a Democrat the other day that I was going to be like a democrat when I vote this time. He looked happy as though he had converted me. Then I told him that I was going to vote several times for Pres. Trump and team. You know bad words were flying. I walked on ignoring the babble while laughing thinking paybacks are hell and sometimes long at coming but well worth it. Remember the tale of the snake, you can never trust, nor can a democrat be trusted.

**Ticked off?**
E-mail: tickedoff@gcnews.com

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**Friday the 13th**

*Not for those who qualify. One coupon per household. No obligations except sold for 1 year. **Offer valid at estimate only.

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**Election campaign signs**

It has come to our attention that a certain candidate for the Metro School Board District 4 (Old Hickory, Donelson, and Hermitage) position being decided on November 3rd has been posting signs in areas not permitted by Metro Codes, Metro Election Commission and the State of Tennessee. Some of the signs have already been removed by TDOT or Metro. Other signs are on city or utility property without permission.

Metro Council members, business owners, and voters in School District 4 have raised questions about the signs that are in the public right-of-way or on vacant property.

Signs placed in the public right-of-way on streets are not permitted according to rulings in the Metro Codes. Signs on private property must have the permission of the property owner before placement and can not interfere with the right-of-way, driver’s view, or pedestrian walkways.

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October 15, 2020, The News- Page 13
Tips to Get the Whole Family Moving at Home

(Family Features) With many families stuck at home juggling working remotely, homeschooling and trying to keep everyone happy and healthy, it can be easy to let an otherwise active lifestyle fall by the wayside.

Regardless of age, being physically active provides numerous health benefits. The American Heart Association recommends at least 150 minutes of moderate-intensity aerobic activity for adults each week, and 60 minutes of moderate-to-vigorous physical activity for kids between the ages of 6-17 each day. Finding ways to move daily can help everyone in the family maintain their health - and prevent them from going stir crazy.

Although prioritizing activity in a quarantined environment might be one of the last things on your mind, parents who model healthy behaviors can inspire their kids to do the same.

When you sweat during family activities, don’t forget to stay hydrated. An option like Propel Flavored Electrolyte Water can help parents replace electrolytes lost in sweat. With zero calories, no sugar, and nine fruit flavors, it can help keep you hydrated and moving at home or outdoors.

Consider these tips to keep the whole family motivated and moving - you might be surprised to find that exercise can be fun.

Go for a walk or bike ride.

Incorporating walks or bike rides into your family’s daily routine can help get everyone moving as well as create quality bonding time. If your family is more on the adventurous side, consider venturing outside your neighborhood to find new trails or rougher terrain to explore nature while getting active.

While your annual family vacation might’ve been canceled, there are likely hidden trails within a short drive from home.

Take a virtual class.

Many fitness instructors and gyms are sharing free classes online designed for the whole family. Simply connect a streaming device to your television and search for virtual classes that are geared toward getting families moving, regardless of fitness level. Fitness instructors and studios are also sharing a variety of workouts - from family yoga to dance cardio in various time increments - on social media that you can find by searching various fitness-related hashtags.

Play a family game.

Playing games together is an old-fashioned way to get the whole family moving and having fun. An activity as simple as tag or racing around the house, or even a game that requires some equipment such as soccer or basketball, can get everyone’s heart rate up. You can even create a fitness deck or activity dice to turn working out into a fun game.

Build your own obstacle course.

Set out hoops, pillows, rope, ladders, cardboard boxes and other items you find around the house to create a fun and challenging obstacle course either indoors or out. This can be easily adapted to varying levels of difficulty to meet each family member’s level. Don’t forget a stopwatch to see who can complete the course the quickest.

Get your family moving and find more hydration tips at propelwater.com.

Photo courtesy of Getty Images

CLUES ACROSS

1. Current units
5. Playing fields
6. Having many narrow projecting shelves
7. Klutzes
10. Supports the rudderpost
14. Underdone
15. Tie again
16. A former copper coin of Pakistan
17. Bowl over
20. Separations
21. A telegram sent abroad
22. Aircraft compartment
23. Saudi Arabia king
25. Ropes
29. Stokes
32. Remains as is
33. Purgatives
34. Macaws
35. Cathode-ray tube
36. Isaac's mother (Bib.)
37. The musical interval between two notes
40. Before
41. Iowa city
42. Front part
43. Type of perch
44. Medical implements
45. Figures
46. Front part
47. Critical
48. Type of ditch
49. Female flying fighters, abbr.
50. Name
51. Females
52. The content of cognition
53. Thickly settled
54. Draw through holes
55. Lubricates
56. Mollusk genus
57. A spot where something halts or pauses
58. Criticize formally
59. Phil... former CIA
60. Name
61. Phil... former CIA
62. Units of metrical time
63. The Muse of history
64. An unflunged or nestling hawk
65. Topple
66. Employee stock ownership plan
67. Topple
68. Steal
69. A former copper coin
70. Name
71. Phonetic symbol
72. Sherif
73. Remote
74. Draw through holes
75. Units of metrical time
76. Name
77. A very large body of water
78. A former copper coin
79. A former copper coin
80. Name
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82. The content of cognition
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100. A former copper coin

CLUES DOWN

1. Sacred chests
2. Founder of Manicheism
3. Teacher
4. A dissenting clique
5. Playing fields
6. Having many narrow projecting shelves
7. Klutzes
8. Word element meaning ear
9. Remote
10. Ceasar and spinach
11. A round handle
12. Organic compound
13. Be wide open
14. Underdone
15. Tie again
16. A former copper coin of Pakistan
17. Bowl over
18. Restraint (informal)
19. Feel pain
20. Separations
21. A telegram sent abroad
22. Aircraft compartment
23. Saudi Arabia king
24. A tiny hole
25. Foggy
26. Wing shaped
27. Menus
28. A very large body of water
29. Criminal and medical
30. Exclusive story
31. A former copper coin
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60. A former copper coin
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It was a beautiful day in Franklin to kick off the Heritage Foundation of Williamson County’s Paint the Town Orange month-long celebration in historic downtown Franklin. In partnership with the Downtown Franklin Association, a division of the Foundation, along with Visit Franklin and the City of Franklin, the Heritage Foundation has brought a new celebration of autumn to historic Franklin’s Main Street District with a month full of fun activities, online costume contests and special merchant promotions.

Heritage Foundation CEO Bari Beasley began the morning by recognizing Mayor Ken Moore, Visit Franklin’s Lauren Ward, the DFA’s Jill Burgin, Heritage Foundation Board President David Garrett and Paint the Town Orange presenting sponsor FirstBank. She then introduced Mayor Ken Moore, who presented Heritage Foundation with a proclamation declaring October 2020 as “Paint the Town Orange Month.” The kickoff concluded with Beasley and Mayor Moore placing the final pumpkin on downtown Franklin’s iconic “Pumpkin Tree” and Twine Graphics was also onsite printing custom Paint the Town Orange t-shirts and face masks which can be purchased at https://stores.inksoft.com/paint_the_town_orange.
Kickoff: A crowd watches.

Kickoff: Henley.

Kickoff: The Pumpkin Tree.

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Blvd is having a West Meade Estate Sale you don’t want to miss! 887 Rodney Dr. 37205 Oct 15 - 18 Sale begins Thurs 9 am.

For details & pics: www.blvdestatesales.com

Lake Home Estate Sale 3219 Lakeshore Drive Old Hickory, TN (Lakewood) 37138 OCTOBER 15, 16, 17, and 18 8 am - 5 pm, Thursday & Friday 8 am - 2 pm, Saturday & Sunday Old Hickory, TN (Lakewood)

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